

Passing it On

Why not Food?

Graham Branscombe

Rachel Easson

East Dunbartonshire Voluntary Action

Zero Waste programme





Our aim was to reduce food waste in East Dunbartonshire

We do this by partnering with other organisations such as FareShare and TESCO by rescuing good quality surplus food that would otherwise have gone to waste. This is then *passed on* to over a dozen charities and community groups across the East Dunbartonshire area resulting in the reduction of approximately 94kgs of food going to landfill each week.



At present 14 charities from ED are collecting on average a total of £500 of food produce weekly from TESCO Stores.





How it works

The food redistributed is in date and good to eat, but has become surplus for simple reasons such as over-production, labelling errors or short shelf-life

The scheme was initially piloted and tested in partnership with Tesco Milngavie and has led to edible surplus food at store level being redistributed directly to frontline organisations.

FareShare FoodCloud is the latest innovation in FareShare's three-year partnership with Tesco. This includes activity to access surplus food from their supply chain and distribution centres.



Bakery

£155 of bakery produce every week is redistributed within East Dunbartonshire



Every day in Scotland we throw away the equivalent of 2.6 million slices of bread.



Fruit

£70 of fresh fruit is saved from
Landfill every week in
East Dunbartonshire



1.2 million Bananas wasted each day in UK

Group Recovery Aftercare

LOVE
FOOD
hate waste



Overwhelming Response



Fraser Centre Senior Forum Milngavie:

East Dunbartonshire Addiction Recovery:

Scottish families affected by alcohol and drugs: SFAD

Contact point :

Scottish Association for Mental health: SAMH

Milngavie Senior Forum

STAND International

Cooking with leftovers programme for families in East Dunbartonshire



Food is a powerful social medium. Through the simple act of cooking together, young and old participants are likely to learn that they have much in common and much to talk about.

Research indicates that participants are often pleasantly surprised as they learn of each other's creativity, level of caring, motivation and intelligence.



Passing on our Knowledge and Ideas to groups

- Working with many groups – promoting Love your clothes and Re use combined
- 10 Carers groups worked with – we learned a lot too!
- Twechar Healthy Living Centre Swap Shop and Baby Bank
- What's next for 2017!

Moving Forward



Zero Waste Scotland supports the Volunteer and Community Advocate Programme (VCAP), using consumer engagement to help householders change their behaviours to recycling.

Zero Waste Scotland is responsible for the Courtauld Commitment 3, a UK-wide voluntary agreement aimed at improving resource efficiency, and works in partnership with leading retailers, manufacturers and suppliers who sign up and support the delivery of the targets. As part of this Courtauld Commitment 3 encourages the redistribution of surplus food, which would otherwise become waste, through schemes like FareShare.

Conclusion:

This project is making a huge difference to the lives of many. Not only does the food help to fulfil their dietary and nutritional needs but it also improves their physical and mental wellbeing allowing them to save money. The projects food provision means that many clients are able to get their main meal of the day, and that they have a more nutritious and balanced diet. Many clients are regularly unable to buy food, with nearly half saying they have gone without a proper meal in the last month. The affordability of food is the most common reason why clients find it hard to cook a meal.

Increasing the level of food provision to charities and community groups across East Dunbartonshire in this way decreases food waste significantly increases health and wellbeing.





Graham Branscombe
Rachel Easson
East Dunbartonshire Voluntary Action
0141 5786680
zerowaste@edva.org

FareShare Glasgow & The West of
Scotland
1070 South Street
Glasgow
G14 0AP
Tel: 0141 958 113